

# NOGA SOCCER COMMUNITY CAMP VITAL INFORMATION

This information is **VITAL** to creating a first class NOGA experience, please read through it carefully. Many of the questions that you may have regarding your community camp are answered right here.

**1. THANK YOU** - For choosing NOGA! With over 30 years of experience, we fully appreciate the concerns that a parent has in deciding who should be involved in the education of their children. If at any point you have a problem with any aspect of our programs or any of our staff, we want to know about it. Please call the NOGA office. During the summer we work an eighteen hour day, but be assured the director will get back to you as soon as is humanly possible.

**2. NOGA WEB SITE ANSWERS ALL** - Through the wonder of the web just about every question you might have concerning NOGA and your camp is answered at the NOGA website: [www.NOGAsoccer.com](http://www.NOGAsoccer.com)

The site is particularly useful if there is a last minute question or, if you need to check for a weather update on you camp.

For example, if you go to the **Frequently Asked Questions** page you can find answers to the following questions and many, many more:

- Do I need to check in on the first day?
- What do I do if I need to pick up my child early?
- What if I need someone other than myself to pick my child up?
- What happens if I am late picking up my camper?
- How are the camp teams assigned?
- How do I request that my child is with a particular teammate?
- If the weather is poor will camp be cancelled?

**3. COMMUNITY CAMP TIME AND PLACE OF ARRIVAL** - Community campers should arrive on the first day of camp approximately 30 minutes before the start time in order to check in and 15 minutes before the camp start time on all other days. Once you reach the main the camp location, our ever-friendly coaching staff will guide you. They can be spotted waving their arms frantically trying to direct wayward parents to the designated parking areas. Maps and directions to camps can be found on the NOGA Website.

Once parked, yet another friendly NOGA coach will direct you towards the check-in table where you must check-in. The week begins with a brief orientation and the introduction of the staff. Parents are most welcome to stay. At this time, you may pass on any pertinent information, concerning your child, to his/her coach for the week.

**4. COMMUNITY CAMPER PICK-UP** – NOGA Campers depart from a central pick-up area at each location. Again, coaches will direct you to the designated parking areas. You **MUST** come from your car to collect your child. For safety reasons, NO camper will be allowed to walk to the car alone.

**6. BIRTHDAYS** - If a camper's birthday falls during his/her week at camp, please let us know at registration so that we may honor the occasion in our traditional NOGA way.

**7. CELL PHONES** – Campers are allowed to bring cell phones to Community Camp but must take full responsibility for them. Please refrain from calling your son or daughter unless it is an emergency as calls quite obviously disturb the teaching at camp. Campers are not allowed to make "social" calls during camp.



**5. PACKING LIST** - It is suggested that Community Day Campers bring the following items each day:

- Cleats and sneakers
- Cold drinks in water bottle or cooler
- Shin guards
- Insect repellent
- Sunscreen
- Windbreaker or rain jacket (if wet)

**8. FIRST TIME AT CAMP?** - Younger children can be understandably anxious about a first camp experience. However, because of the caring and friendly atmosphere NOGA creates, we experience very few problems. Our experience shows that a parent who can be understanding, yet firm, when faced with an anxious child, will help their child to blossom and mature from the whole experience and prevent future problems.



**9. FIRST AID** - All NOGA staff are certified in basic first aid. However for legal reasons staff cannot hold or dispense any medications presently prescribed to your son or daughter. The coaching monitors any injury however minor. Even so, some players love camp so much they attempt to "hide" injuries so that they may continue to play. Parents are seldom fooled. If you gain any indication that your child is more injured or ill than they may appear, please inform the staff.

**10. HERE COMES THE SUN** – Summer at a NOGA camp is a glorious time with soccer, excitement, fun...and of course sun. As many of our staff find to their cost, the excitement of camp and the balmy breeze across a soccer field can allow sunburn to sneak up on you. Please make sure that your child comes to camp with adequate sun protection for the nature of their skin. This is an essential packing item for ALL players and although they may fight against it, young day campers should be liberally covered before they leave you each morning and carry lotion with them. The coaches do remind the players to reapply sunscreen at each water breaks.

**11. NEW CLEATS OR SNEAKERS** - To state the obvious - the ground is very hard in summer and children's feet grow quickly. It is likely that by the summer, your child will need new sneakers or cleats. Please try to think ahead and do not replace cleats or sneakers the day before camp is due to start. It is then likely that your child will face a week of painful blisters, as they try to break in their new footwear on the hard ground. Please check your child's old cleats a few weeks before camp. Then, if you do have to replace them, they will have time to break them in. If all else fails, advise them to use the old pro-player trick of dabbing the outside of their socks with Vaseline; it ruins the socks - but saves the feet. You're right; we do try to think of everything.

**12. TIPPING** - We are often asked if we allow tipping. Tipping is, of course, at your own discretion.

**18. PARENTS ARE WELCOME** - We feel that it is important that parents are involved in their child's camp experience. To this end, we would like to extend an invitation for you to attend a number of events during the week. Firstly, you are most welcome to attend the "Meet the Coaches Orientation" at the start of the first day.

On the final day, we would like to invite the whole family to the "**NOGA Soccer Show**" which starts 1 hour before the end of camp and includes a look at what the players have learned during the week.

Thank you once again for choosing NOGA for your child's soccer camp experience! We very much look forward to seeing you this summer. If you have any questions or problems concerning the camp, or just need someone to talk to, please **DO NOT HESITATE** to call our office on 1-800-422-6778.

